

**ALLERGY INFORMATION**  
 If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



**Available Daily**  
 - Bread with butter  
 - Daily salad selection  
 - Jacket potato with a choice of cheese/beans

**ALLERGEN KEY**

**A** Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs  
**H** Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

**Week 1**

**Week 2**

2nd Sep / 14th Oct / 25th Nov

9th Sep / 21st Oct / 2nd Dec

**Monday**

**Meat free day**

- ✓ Pasta bake served with sweetcorn & peas (A, I, J, )
- ✓ Jacket Potato with a choice of cheese/beans/ tuna (I,D)
- S Salad

**Meat free day**

- ✓ Lentil dhal and sweet potato curry served with basmati rice
- ✓ Jacket Potato with a choice of cheese/beans (I,)
- S Salad
- D Fruit

**Tuesday**

**M** Chicken Balti Curry served with basmati rice

- ✓ Egg and potato Curry (G)
- S Salad
- D Mixed Berry Crumle And Custard (A, I)

**M** Butterfly Chicken Served With Roast Potatoes & Carrots

- ✓ Falafel Wrap (A)
- S Salad
- D Jelly

**Wednesday**

**M** Cheesy Sheperds pie served Green beans (A, I, J)

- ✓ Vegetarian Sheperds Pie (A, I, J)
- S Salad
- D Fruit

**M** Spaghetti Bolognese (A, J, H)

- ✓ Pasta Bake (A, I, J)
- S Salad
- D Cheese Crackers Or Fruit (A, I)

**Thursday**

**M** Chicken fillet burger served with wedges (A)

- ✓ Vegetable burger served with wedges (A)
- S Salad
- D Lemon Cake (A, I, G)

**M** Jerk Grilled Chicken Served With Rice & Peas (H)

- ✓ Chickpea Curry
- S Salad
- D Chocolate Sponge Cake With Custard (A, I, G)

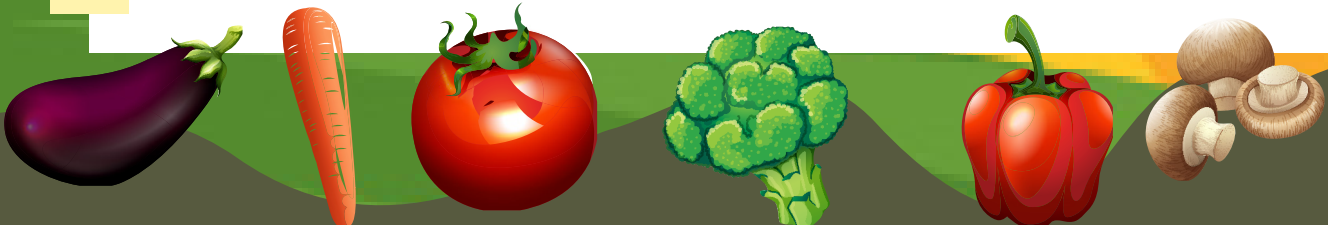
**Friday**

**M** Fish fingers & chips served with baked beans or peas (A, D)

- ✓ Cheese & tomato toastie served with baked beans (A, I)
- S Salad
- D Fruit

**M** Fish fingers & chips served with baked beans (A, D)

- ✓ Pizza baguette (A, I, J)
- S Salad
- D Fruit



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Available Daily

- Bread with butter
- Daily salad selection
- Jacket potato with a choice of cheese/beans
- Plain Pasta Served With Sauce Of The Day

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**Week 3**

16th Sep / 28th Oct / 9th Dec

**Week 4**

23rd Sep / 4th Nov / 16th Dec

**Monday**



**Meat free day**

- ✓ Vegetable rice served with yoghurt (I)
- ✓ Jacket Potato served with a choice of cheese/beans (I)
- S Salad
- D Fruit



**Meat free day**

- ✓ Vegetable fajita pasta with sweetcorn (A, I, J, H)
- ✓ Jacket Potato served with a choice of cheese/beans (I)
- S Salad
- D Fruit

**Tuesday**



- M Mango & Lime chicken served with Boiled Vegetables & Potatoes (I)
- ✓ Butternut Squash Curry served Pitta Bread (H)
- S Salad
- D Cake Of The Day (A, G, I)



- M Butter Chicken served with basmati rice (I)
- ✓ Bombay Potato curry served with basmati rice
- S Salad
- D Cornflake Tart Served With Custard (A, I)

**Wednesday**



- M Italian Chicken pizza (A, I)
- ✓ Margherita pizza (A, I)
- ✓ Italian Pasta Bake (A, I, J)
- S Salad
- D Fruit



- M Cheeseburger served with wedges (A, J, H)
- ✓ Veggie burger served with wedges (A)
- S Salad
- D Fruit Or Yoghurt (I)

**Thursday**



- M Great British bangers and mash potato served With gravy (A, I, J, H)
- ✓ Spanish Omlette with Baked Beans (I, G)
- S Salad
- D Flavoured Jelly



- M Roast Chicken Served With Cheesy Mash (A, I)
- ✓ Cheese And Onion Pie Served With Beans (A, I, J, H)
- S Glazed carrots and salad
- D Raspberry Ripple Sponge cake (A, G, I)

**Friday**



- M Fish fingers & chips served with sweetcorn and baked beans (A, D)
- ✓ Cheese Toastie (A, I)
- S Salad
- D Fruit



- M Fish fingers & chips served with baked beans (A, D, H)
- ✓ Mac & Cheese with roasted broccoli (A, I)
- S Salad
- D Fruit



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**Week 5**

**Week 6**

30th Sep / 11th Nov

7th Sep / 18th Nov

**Monday**

**Meat free day**

- ✓ Penne Pasta with creamy italian sauce served with sweetcorn (A, I, J, H)
- ✓ Jacket potato with a choice of cheese/beans (I)
- S Salad
- D Fruit

**Meat free day**

- ✓ Bombay Potato Curry Served With Rice
- ✓ Jacket potato with a choice of cheese/beans (I)
- S Salad
- D Fruit

**Tuesday**

- M Stir Fried Chicken wrap With Sweetcorn (A)
- ✓ Morrocan Style Spinach and potato curry served with rice
- S Salad
- D Cinnamon Sponge Cake (A, G, I)

- M Turkish meat balls in tomato sauce served with spaghetti (A, I, J, H)
- ✓ Vegetable Guvec (A, I, J, H)
- S Salad
- D Sutlac (Turkish Rice Pudding)

**Wednesday**

- M Spaghetti Bolagnese (J, H)
- ✓ Cauliflower Cheese Bake (A, I)
- S Salad
- D Yoghurt Or Fruit (I)

- M Peperoni pizza (A, I)
- ✓ Margherita pizza (A, I)
- S Pasta Salad
- D Yoghurt (A, I)

**Thursday**

- M Honey & lime flavoured chicken served with herby potato, green beans and gravy (A, J,)
- ✓ Savoury Rice (J, H)
- S Salad
- D Apple crumble served with custard (A, I)

- M Nigerian Chicken Stew With Jollof Rice (J, H)
- ✓ Curried Vegetable Stew
- S Carrots And Peas
- D Banana Cake (A, G, I)

**Friday**

- M Fish fingers & chips served with mushy peas or baked beans (A, D)
- ✓ Cheese Baguette (A,I)
- S Salad
- D Fruit

- M Fish fingers & chips served with baked beans and sweetcorn (A, D)
- ✓ Pizza Baguette (A, I)
- S Salad
- D Fruit

